

# MAKING AN IMPACT

## 2018 MARCELLUS SWIM CAMP



The Marcellus Swim Camp exemplifies how the YMCA of Southwest Michigan partners with the community to meet a need and simultaneously leave a lasting, positive impact on youth.

In Michigan, we are always nearby a lake, river, or swimming pool. Therefore it is essential for our youth to develop recommended water safety skills and improve their swimming ability. Not only that, but the Marcellus Swim Camp helps to foster achievement, positive relationships, and a sense of belonging through its lessons.

Students learn basic water safety skills with a focus on acclimating to the water by fully submerging and developing two benchmark skills:

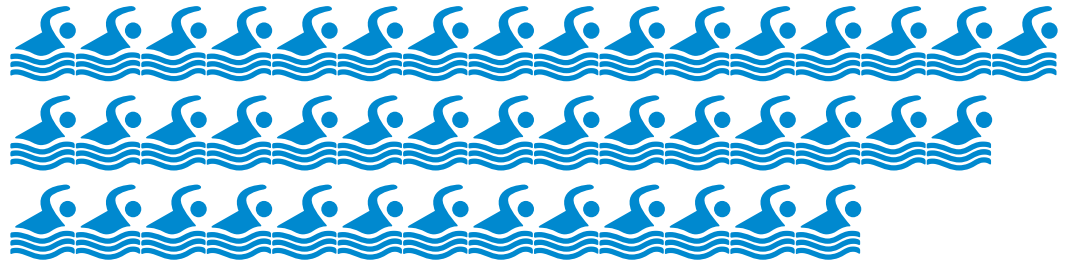
- **SWIM, FLOAT, SWIM, 10 FT.** helps students reach the side of the pool by alternatively swimming and rolling onto their back to float and rest, then grabbing the wall once within reach and climbing out.
- **JUMP, PUSH, TURN, GRAB** helps students safely exit the pool by pushing off the bottom, grabbing the wall, and climbing out



# THE RESULTS

2018 MARCELLUS SWIM CAMP

**44**  
**STUDENT SWIMMERS**

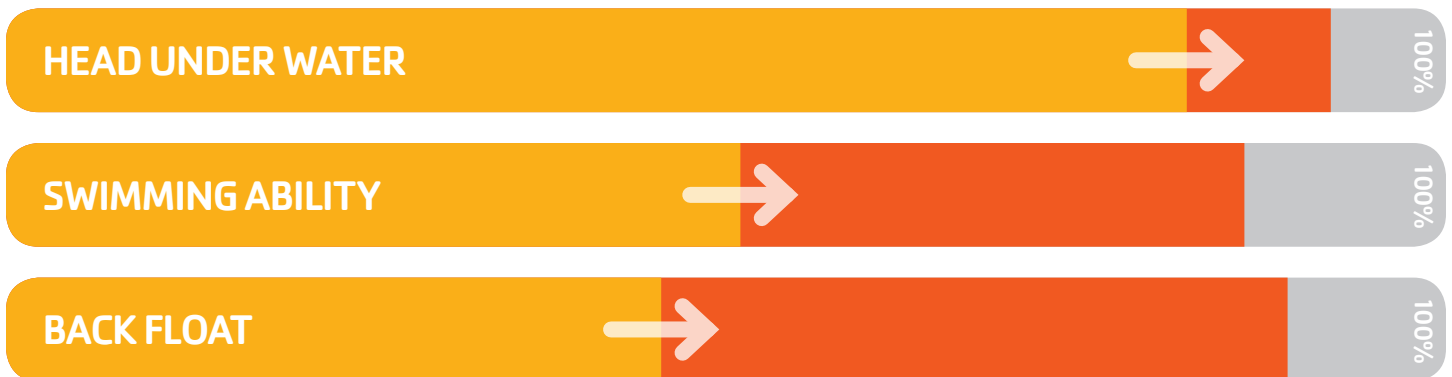


## EVALUATIONS

Students were evaluated by instructors on a scale of 0–3 before and after the swim camp on how easily they can hold their head under water, their overall swimming ability, and how easily they can float on their back. There was some amazing improvements!

**59%** OF STUDENTS  
**BELIEVE THEY IMPROVED AT SWIMMING**

## AVERAGE IMPROVEMENT



**BEFORE & AFTER**

### MRS. SMITH'S CLASS

Head Under Water: 70% → 86%

Swimming Ability: 42% → 80%

Back Float: 39% → 84%

### MRS. MARTIN'S CLASS

Head Under Water: 94% → 98%

Swimming Ability: 60% → 92%

Back Float: 52% → 94%